Strategic Theme Identification

Taskforce’s will be developed to address each theme.

**Empowering Youth**
- Increase access and availability to recreational and mentoring activities for all youth
- Increase and broaden day care and preschool opportunities for young families
- Increase school graduation rate
- Create opportunities for active youth voice and involvement in decision-making institutions

**A Diverse Year-Round Economy**
- Focus on workforce development for adults and youth that matches the needs of our emerging economy
- Increase opportunities for entrepreneurial investment and start-up businesses
- Create a unified action plan and collaborative opportunities between businesses and educational institutions
- Affordable health/dental/vision care for all
- Living wage and quality of life

**Uniting Around Life Challenges**
- Increase availability of low-income housing
- Streamline a collaborative, interagency system for the purpose of information and referral
- Increase availability and access to basic adult education services
- Support the plan to address homelessness and expand resources to meet the basic needs of the homeless

**Strengthening Cultural Unity**
- Convene a diverse taskforce of community leaders to address this issue
- Provide culturally relevant education in our school system
- Improve collaboration between Native and non-Native service providers
- Build increased awareness of Ketchikan’s rich indigenous and imported cultures that add to the vitality of the community

**The Costs of Substance Abuse**
- Increase awareness of the issue and community-wide commitment to changing social norms and behaviors
- Develop a plan to ensure adequate treatment is available to those who need it
- Develop a plan and expand services for long term recovery

**Promoting Respectful Relationships**
- Increase awareness of intimate partner violence
- Educate youth and adults about respectful relationship behavior
- Empower youth to be involved in social activism and pro-social activities
- Support families to promote and practice safe and healthy relationships
- Promote social norms of non-violence through media campaigns and cultural activities
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**Traumatic Brain Injury Support Group**

3100 Tongass Avenue (KGH)
Walt Shuham Board Room
Ketchikan, AK  99901
Phone: **617-5704**
Meeting Times:
• First & Third Wednesday, 5-7pm

**Women In Safe Homes (WISH)**

2002 First Avenue
Anchorage, Alaska  99503-5984
Phone: **225-9474**
Fax:  225-2472
Email:  wish@kpunet.net
Support Groups:
• Adolescent Girls S.A. & D.V. Group
  Tuesday 3-4pm, transportation provided
• Children’s S.A. & D.V. Support Group
  Thursday, ages 4-11
  • Parenting Class
  Monday, 6-8pm, transportation provided
  • Parenting Support Group
  Friday, 12-1pm
  • Women’s Group
  Wednesday, 9-10am
Low Vision & Blindness Support Group
602 Dock Street #107 - SAIL Office
Ketchikan, AK 99901
Phone: **225-4735**
Meeting Times:
• First Monday, 12pm

National Alliance on Mental Illness (NAMI)
3100 Tongass Avenue (KGH)
Walt Shuham Board Room
Ketchikan, AK 99901
Phone: **225-5887**
Meeting Times:
• Every Saturday, 4:30pm

Nutrition & Alternative Health
3100 Tongass Avenue (KGH)
Walt Shuham Board Room
Ketchikan, AK 99901
Phone: **225-5171** - Elise Berger
Meeting Times:
• Call Elise for info

Older Blind Alaskans Support Group
141 Bryant Street - Pioneers Home
Second Floor Meeting Room
Ketchikan, AK 99901
Phone: **225-4735**
Meeting Times:
• Third Monday, 10:30am

Stroke Survivors Support Group
3100 Tongass Avenue (KGH)
Walt Shuham Board Room
Ketchikan, AK 99901
Phone: **247-8276** or 225-0939
Meeting Times:
• First Tuesday, call for time
For survivors, families and caregivers.

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Alaska Adult Protective Services
3601 C Street #310
Anchorage, Alaska 99503-5984
Phone: 800-478-9996
Fax: 907-269-3648
Website: www.hss.state.ak.us/dsds
Hours: M-F, 8am - 4pm
Services Provided:
• Information and referral
• Investigation of Reports
• Protective placement
• Guardianship or Conservatorship Counseling
• Linking clients to community resources
Clients Served:
Disabled, elderly, youth, low-income, 18+yrs

Alaska Job Service/Dept. of Labor
2030 SeaLevel Drive #220
Ketchikan, AK 99901
Phone: 225-3181
Fax: 247-0557
Email: ketchikan.jobcenter@alaska.gov
Website: www.jobs.state.ak.us
Hours: M-F, 8am - 5pm
Services Provided:
• Alaska Careers Information Systems
Contact: 225-3237
  - Apprenticeship Program
  - Assessments
• Career Support & Training Services
Contact: 228-3244
  - Training & Support for employment
• Division of Vocational Rehabilitation
Contact: 228-3245
  - Assist disabled individuals to obtain & maintain employment
• Job Club

Depression & Bi-Polar Support Alliance
3100 Tongass Avenue (KGH)
Walt Shuham Board Room
Ketchikan, AK 99901
Phone: 225-5887
Meeting Times:
• Every Saturday, 4:30pm
Support for individuals and family and friends.

Diabetes Education Support Group
Ketchikan Public Health
3054 Fifth Avenue
Ketchikan, AK 99901
Phone: 228-7685 or 254-5103
Meeting Times:
• Second Thursday of each month, 6:30-8pm

Gateway Center for Human Services
3050 Fifth Avenue
Ketchikan, AK 99901
Phone: 225-4135
Meeting Times:
• Alcohol & Drug Information School (ADIS),
  Early recovery - Mon. 5:30-7pm
  Women - Tues. 5:30-7pm
  Men - Wed. 5:30-7pm
  Relapse Prevention - Thurs. 5:30-7pm
  Family - Fri. 5:30-7pm

GROW in Ketchikan
Ketchikan, AK 99901
Phone: 247-8221 - leave message
Meeting Times:
drop in open to all
• Monday, 6:30-8:30pm - Walt Shuham Board Room @ KGH
• Wednesday, 12:30-2:30pm - KIC 4th floor Conference Room
A uniquely structured community mental health movement for prevention and rehabilitation.
Support Groups

Alcoholics Anonymous
1736 Tongass Avenue
Ketchikan, AK 99901
Phone: 225-5154
Meeting Times:
• Nightly, 8pm
• Sunday, 10am

Alcoholics Anonymous
433 Missions Street - St. John’s Episcopal
Ketchikan, AK 99901
Phone: 225-5154
Meeting Times:
• Daily, 12pm

Bereavement Support Group
3100 Tongass Avenue (KGH)
Walt Shuham Board Room
Ketchikan, AK 99901
Phone: 225-8914
Meeting Times:
• Tuesday, 5-6pm

Childbirth Education
Ketchikan, AK 99901
Phone: 225-5171, ext 7044
Meeting Times:
• Call for info on next class
A class for pregnant women and supporters.

Compassionate Friends Support Group
Pioneer Home
141 Bryant Street
Ketchikan, AK 99901
Phone: 225-2652
Meeting Times:
• Second Thursday, 7-9pm
A support group for people who have lost a child no matter what age or how long ago.

Contact: 228-3238
- Weekly forum for job seekers to come together and share labor market information, employment opportunities
• Mature Alaskans Seeking Skills Training
Cont 228-3237
- Placing older individuals in the community service positions and provide them with job training to help them become self-sufficient
• Vocational Counseling
Contact: 228-3237
- Counselor provides individual and group sessions with the outcome of assisting in the selection of educational or vocational goals

Resource Room Services:
• Job search assistance
• Typing, 10 -key, alphanumeric date entry
• Typing tutorials
• ALEXsys registration & assistance
• Phone, fax, copier, computer printer & assistive technology
• On-line job application assistance
• Hard copy resources

AK Legal Services
306 Main Street #218
Ketchikan, AK 99901
Phone: 225-6420
Fax: 225-6896
Email: ketchikan@alsc-law.org
Website: www.alsc-law.org
Hours: M-F, 8am - 4pm
Services Provided:
• Family safety project (victims of domestic violence)
• Senior law project (seniors over 60 assistance with social security, disability, public assistance, housing, wills, living wills, miller trusts
• Family law
• Landlord/Tenant issues
• Native allocatement program
Clients:
Legal services to low-income individual and any senior over 60
Civil cases only
Alaska Public Assistance
2030 SeaLevel Drive #301
Ketchikan, AK 99901
Phone: **225-2135**
Fax: 247-2135
Website: www.hss.state.alaska.us
Hours: M-F, 8am - 5pm
Services Provided:
• Temporary financial services
• Food stamps
• WIC - formula, food for infants
Clients: General public

Alaska Public Housing
130 Bryant Street
Ketchikan, AK 99901
Phone: **225-6030**
Fax: 225-1729
Hours: M-F, 8am - 5pm
Services Provided:
• Low-income housing
Clients: Low income families, elderly or disabled

Big Brothers Big Sisters
306 Main Street #317
Ketchikan, AK 99901
Phone: **247-3350** - Emergencies 821-1159
Fax: 225-3351
Hours: M-F, 10am - 6pm
Services Provided:
• Youth Mentoring: matching positive adult mentors with any child who wants or needs one
• School & community based programs
Clients: Youth 6-17 years of age

Seventh-Day Adventist Church
2017 First Avenue - downstairs
Ketchikan, AK 99901
Phone: **225-3052**
Services Provided:
Hours: Sunday, 12pm - 4pm
Wee Blessings
• Clothing all ages
• Shoes, coats and other outerwear
• Small housewares such as: dishes, silverware, utensils, small appliances
• Children's toys and assorted items
Clients: General Public

St. John's Episcopal Church
433 Mission Street
Ketchikan, AK 99901
Phone: **225-3680**
Services Provided:
• Evening meal, Sunday 3pm
Clients: General Public
Center for Community
2030 SeaLevel Drive #220 B
Ketchikan, AK  99901
Phone:  **254-3207**
Fax:  225-7262
Email:  lindy1@cfc.org
Hours:  M-F, 8am - 12pm, 1pm - 5pm
Services Provided:
• Job seekers
• Individuals obtaining SSDI assistance
• Vocational Rehab referral
• Youth under 24 needing job services
Clients:
All clients must be referred by Department of Labor or Public Assistance

Community Connections
201 Deermount Street.
Ketchikan, AK  99901
Phone:  **225-7825**
Fax:  225-1541
Email:  lisanoland@comconnections.org
Website:  www.comconnections.org
Hours:  M-F, 8am - 4pm
Services Provided:
Elderly & disabled services:
• Information and referral.
• Comprehensive assessment and coordination of needed services in the home.
• Respite Services/Caregiver
• Relief; chore services/housekeeping assistance, consumer-directed personal care services.
• Transportation
Children's mental health programs:
• Therapy assessment & counseling - therapeutic groups
• Parenting classes
Clients Served:
Disabled, children up to 18 & families with developmental delays

Social Services - Churches

First United Methodist Church
400 Main Street
Ketchikan, AK  99901
Phone:  **225-3780**
Fax:  247-3780
Services Provided:
Hours:  Mon-Sun, 5pm - 8am
• Hostel - open May - August
Clients:
General Public

Ketchikan Presbyterian Church
2711 Second Avenue
Ketchikan, AK  99901
Phone:  **225-3619**
Services Provided:
Hours:  Friday 12pm
• Weekly fresh food pantry - downstairs
Clients:
General Public

Lighthouse Church of God
3405 Baranof Avenue
Ketchikan, AK  99901
Phone:  **225-2893**
Services Provided:
Hours:  M-F, 9am - 1pm
• Food pantry
Clients:
General Public
**Gateway Center for Human Services**
3050 Fifth Avenue
Ketchikan, AK  99901
Phone:  **225-4135**
Fax:  247-4135
Email:  marlab@city.ketchikan.ak.us
Website:  www.cityofketchikan.com
Hours:  M-F, 8am - 5pm
Services Provided:
• ER & outpatient substance abuse, mental health, child/youth, child telepsychiatry, crisis/respite, psychiatric/psychological counseling
• Support groups - see support group listings

**Clients:**
General Public

**Gateway Center for Human Services (Community Service Program)**
3050 Fifth Avenue
Ketchikan, AK  99901
Phone:  **225-4135**
Fax:  247-5460
Email:  marlab@city.ketchikan.ak.us
Website:  www.cityofketchikan.com
Hours:  M-F, 10am - 3pm
Services Provided:
• Treatment for cases of chronic mental illnesses such as; schizophrenia, schizo-affective & bipolar disorders
• Case management for outpatients
• Rehabilitation nursing
• Medication management

**Clients:**
Anyone who meets the criteria

**Hansen’s Home Care & Specialty Services**
9737 Mud Bay Road #102
Ketchikan, AK  99901
Phone:  **225-6445**
Fax:  247-6445
Email:  hansenshomecare@gci.net
Hours:  M-F, 9am - 5pm
Services Provided:
• Specialized equipment, oxygen, hospital beds, and wheelchairs, rehabilitation supplies. Most equipment in stock.

**Southeast Alaska Independent Living (SAIL)**
602 Dock Street #107
Ketchikan, AK  99901
Phone:  **225-4735**
Fax:  225-4753
Email:  ketchikan@sailinc.org
Hours:  M-F, 9am - 4pm
Services Provided:
• Aging and Disability Resource Center
• Social Security and Medicaid/Medicare info
• Low-vision peer support group
• Adaptive recreation opportunities for people of all ages
• Assistance with moving out of a nursing home
• Government/systems advocacy
• Americans with Disability Act info and advocacy

**Clients Served:**
Anyone experiencing a disability or illness and seniors older than 60

**Women In Safe Homes**
2002 First Avenue
Ketchikan, AK  99901
Phone:  **225-9474**
Fax:  225-2472
Email:  wish@kpunet.net
Hours:  Anytime emergency shelter
Services Provided:
• Primarily a crisis shelter housing 25 women and children
• 24-hour crisis line
• Individual and group support for both men and women
• Support & prevention services; advocacy, children’s programs & educational programs

**Clients:**
Victims of domestic violence, sexual assault, child abuse and other violent crimes
**Healing Every Abuse, Recovering Through Stories (H.E.A.R.T.S.)**
P.O. Box 6271
Ketchikan, AK 99901
Phone: **617-0412**
Email: info@myhearts.org
Website: www.myhearts.org
Hours: By appointment
Services Provided:
• Peer lead program to help adult survivors of childhood harm live more full & rich lives
• Classes with small groups
  Class 1 - Discover your story
  Class 2 - Which story will win?
  Class 3 - Story meets world

Clients:
Any adult age 18+ who has survived neglect, sexual abuse, spiritual abuse, psychological (mental) abuse, emotional abuse, physical abuse

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**SE Senior Care Coordination**
1610 Water Street
Ketchikan, AK 99901
Phone: **225-8080**, Emer. 866-746-6177
Fax: 225-9777
Hours: M-F, 9am - 5pm
Services Provided:
• Information and referral
• Comprehensive assessment and coordination of needed services in the home
• Support group for Caregivers held at the Senior Center at 11am every third Wednesday

Clients Served:
60+, Frail or any age with Alzheimer’s Disease or related disorders
Adults with disabilities over 30

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**Saxman Tribal Family Youth Services**
2706 STG Hwy.
Ketchikan, AK 99901
Phone: **225-2518**
Fax: 247-2504
Email: jjackson@ccthita.org
Website: www.ccthita.org
Hours: M-F, 8am - 4:30pm
Services Provided:
• Emergency Elder Care Applications.
• Employment & Training, General Assistance, Higher Education
• Burial Assistance & Energy Assistance for Tlingit & Haida Regional Housing Authority
• Assist elders with reading and sorting mail

Clients:
Tribal families who reside in Saxman

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**Home Health & Volunteer Hospice - KGH**
126 Washington Street
Ketchikan, AK 99901
Phone: **225-9814**
Fax: 247-9814
Email: supdike@peacehealth.org
Hours: M-F, 8am - 4:30pm
Services Provided:
• Home Health: Intermittent “skilled” care in home for those who are homebound, but do not need 24-hour professional care.
• Services: Nursing, Physical Therapy, Occupational Therapy, speech therapy, Social Work, and Home Health. Aides work with patients and families to manage acute, chronic and terminal conditions safely at home.
• Volunteer Hospice: Respite and companion services provided by trained volunteers for terminally ill patients and families.
• Lifeline - Home safety device installation

Clients Served:
General Public
Ktn Boys & Girls Club
645 Jackson Street
Ketchikan, AK  99901
Phone:  **247-2582**
Fax:  247-2583
Hours:  Summer - M-TH, 1-6pm, School year - M-F, 2:30-6pm
Services Provided:
• After school program, positive role models, sports & recreation, leadership building, drug & alcohol prevention

Clients Served:
Youth ages 7-18

Ktn General Hospital Social Services
3100 Tongass Avenue
Ketchikan, AK  99901
Phone:  **228-8300**, ext 7952
Email:  dsmith5@peacehealth.org
Hours:  M-F, 8am - 4:30pm
Services Provided:
• Discharge planning, resource coordination, and community referrals

Clients Served:
General Public

Ketchikan Indian Community
2960 Tongass Avenue
Ketchikan, AK  99901
Phone:  **228-4917**
Fax:  228-4920
Email:  spickrell@kictribe.org /for Youth pgreen@kictribe.org
Website:  www.kictribe.org
Hours:  M-F, 8am - 5pm
Services Provided:  Social services:
• Housing & housing referral services
• Counseling, crisis intervention, information & referrals to other service providers, substance abuse counseling, case planning
• Energy assistance case management, medical transportation
• Medical/Dental clinic
Youth services:
• Youth alcohol & drug information school program
• Family & individual counseling & treatment programs

Residential Youth Care
2514 First Avenue
Ketchikan, AK  99901
Phone:  **225-4664**
Fax:  247-4664
Hours:  24/7
Services Provided:
• Long-term residential program for youth ages 10-19, 6-12months
• Emergency shelter for ages 10-19 lasting 15-30 days
Clients:  Youth 10-19

Rendezvous Senior Day Services
2441 First Avenue
Ketchikan, AK  99901
Phone:  **247-1961**
Fax:  247-1963
Email:  rendezvous@kpunet.net
Website:
Hours:  M-F, 8:30am - 4:30pm
Services Provided:
• Adult day services, including social and related health services in a safe environment. Nutritious meals/snacks, group and individual activities, transportation to and from the center
• Housing: seniors and adults ( Income and age guidelines apply)
• Medical equipment closet
Clients Served:
Disabled seniors

Salvation Army, Gateway Corp
329 Stedman Street
Ketchikan, AK  99901
Phone:  **225-5277**
Hours:  M-F, 10am - 2pm
Services Provided:
• Soup Kitchen meals, M-F, 12:30pm.
• Clothing & furniture vouchers.
• Food boxes available M,W,F 10-12
• Commodities (TFAP) available the 3rd Saturday from 11am-4pm @ 301 Wolf Street, Saxman
Clients:
Low-income individuals and families
Love In the Name of Christ, Gateway Affiliate (Love INC)
P.O. Box 6371
Ketchikan, AK 99901
Phone: 247-5462
Fax: 247-5463
Website: www.loveinc-gateway.org
Hours: Tues & Thurs, 9am-12pm, Fri, 12-2:30pm
Services Provided:
• Groceries, household items, linen, toiletries, used furniture (when available), diapers
• Simple repairs such as; plumbing, electrical, painting, carpentry, furnace, auto repair
• Housecleaning, shopping assistance, transportation, prepare and deliver hot meals, respite care, money management classes
• Tutoring for adults, teens & children
• Financial assistance of $50.00 as available for; utilities, rent, bus passes, prescriptions, special requests  

Clients:
Low income individuals and families

Park Avenue Temporary Home (PATH)
628 Park Avenue
Ketchikan, AK 99901
Phone: 225-4194
Hours: M-S, 10pm - 8:30am
Services Provided:
• Shelter for individuals and families
• Laundry, kitchen, shower facilities

Clients:
General Public, first come, first served

PATCHWorks
3054 Fifth Avenue
Ketchikan, AK 99901
Phone: 225-4350
Email: communityassets@yahoo.com
Services Provided:
• Community assets development - teaching asset-based development
• TALK program - aims at increasing communication between adults & youth

Clients: Youth

KIC cont...
• Youth psychiatric program
• Prevention and education for families
• Indian child welfare act family case management
• Positive indian parenting class
• Youth tribal addictions program

Clients:
General public

Ketchikan Job Center - AK Dept. of Voc. Rehab
2030 SeaLevel Drive #220-A
Ketchikan, AK 99901
Phone: 228-3245, 800-478-5387
Fax: 225-3394
Website: www.jobs.alaska.gov
Hours: M-F, 8am - 4pm
Services Provided:
• Information and referral
• Resume skills & Job Searches

Clients Served:
All people ages 18+, 16+ with disabilities

Ketchikan Public Health Center
3054 Fifth Avenue
Ketchikan, AK 99901
Phone: 225-4350
Fax: 247-0978
Hours: M-F, 8am - 5pm
Services Provided: By Appointment
• Child health screening
• Blood pressure screening
• Communicable disease & immunizations
• Home visits & Health Education
• Reproductive health
• HIV/AIDS pre/post counseling
• Emergency Preparation
• STD testing & treatment

Clients:
General Public
**Ketchikan Public Library - Outreach**  
629 Dock Street  
Ketchikan, AK 99901  
Phone: **225-3331**  
Website: www.firstcitylibraries.org  
Hours: W-F, 8am - 4pm  
Services Provided:  
• Outreach to clients who are unable to go to the library  
• Home delivery of books, talking books, tapes and music  
*Clients Served:*  
General Public

**Ketchikan Senior Services Center**  
1016 Water Street  
Ketchikan, AK 99901  
Phone: **225-6575**  
Fax: 247-6575  
Hours: M-F, 8am - 4:30pm  
Services Provided:  
• Hot nutritious meals and a chance for socialization. Mon-Fri, 8am to 4:30pm.  
• Home delivered meals to eligible seniors.  
• Activities: everything from dancing, cards, crafts, art, exercises, bingo, foot care clinics, and health checks  
• Provide senior transportation and ADA transportation within the borders south of Fawn Mountain School and north to Mud Bight  
*Clients Served:*  
Elderly

**Ketchikan Youth Initiatives**  
724 Bayview Street  
Ketchikan, AK 99901  
Phone: **225-2250**  
Email: kyi@kpunet.net  
Website: www.empowerketchikan.com  
Hours: varies  
Services Provided:  
• Mentoring youth and young adults  
• Creation & delivery of youth directed programs  
• Adult mentored programs  
• Events & activities  
*Clients Served:*  
Youth & young adults

**Lions Club**  
P.O. Box 8333  
Ketchikan, AK 99901  
Phone: **228-6049**  
Hours: W-F, 8am - 4pm  
Services Provided:  
• Eye exams  
• Eye care  
• Glasses for those with no insurance coverage  
*Clients Served:*  
People low-income or without any insurance